

TEAM RIDGLEA/MANSFIELD MASTERS Swim Program (USMS certified & registered)

***2010 South Central Zone Summer Swimming Championship Team!!!***

December 2011 Newsletter

[www.teamridglea.com](http://www.teamridglea.com)

[www.triswimmingcoach.com](http://www.triswimmingcoach.com)

***Upcoming TEAM RIDGLEA/MANSFIELD MASTERS events:***

December 4: Dallas White Rock Marathon and ½ Marathon:

***Good luck Pansy Sheffield, Kristi Argenbright, Ali Miller and Brian Miller***

December 10: Team Ridglea Annual Christmas/Holiday Party – Chuck’s house

February 25, 2012: Dallas Area Masters Swim Meet – short course yards – SMU - Dallas

***\*\*\*March 30/April 1: South Central Zone Swimming Championships (yards) – Southlake, Texas***

April 26-29, 2012: United States Masters Spring National Swimming Championships – Greensboro, NC

***\*\*\*May 12, 2012: Team Ridglea 1.2 & 2.4 Open Water Swimming Championships – Benbrook Lake***

July 5-8, 2012: United States Masters Summer National Swimming Championships – Omaha, Nebraska

August 11-12, 2012: South Central Zone Swimming Championships (meters) – San Antonio, Texas

August 25, 2012: United States Masters 1-Mile Open Water Championships – Hickory Nut Gorge, N. Car.

May 9-12, 2013: United States Masters Spring National Championships: Indianapolis, Indiana

August 7-11, 2013: United States Masters Summer National Championships – Mission Viejo, California

Congratulations to ***Garrett Underdown!*** Last month, he finished 14<sup>th</sup> overall in the San Antonio Marathon. Even though it’s his fourth time to finish a marathon in sub 3 hours, his time of 2:56.26 is still remarkable. Be proud, Garrett.

Team Ridglea has now re-registered for 2012 as a United States Masters swim team. So now, everyone can register individually for 2012. Remember, for insurance purposes, EVERYONE must be registered. Go to [www.ntmasters.org](http://www.ntmasters.org) to register yourself. ***On January 1, 2012, if you are not registered, you won’t be allowed to swim in one of our organized swim practices.*** That’s the rule from United States Masters Swimming, not mine. But I am required to enforce it.

During the two week period of December 19-30, the Mansfield ISD Natatorium will be closed. Those of you that utilize that pool for your swim practices, please make plans to swim with your teammates in Fort Worth.

Because of the upcoming holiday periods, we will not conduct any swim practices on the following Friday/ Saturday/Sunday time periods: December, 23, 24, 25, 30, 31, January 1. Mark your calendar – don’t show up to a closed pool.

My wife (Debbie) and I (well, mostly my wife) will host our ***Annual Christmas/Holiday Party*** at my house this ***December 10; 6632 Eton Court, Fort Worth 76132.*** It will be a pot luck dinner. This party always proves to be a lot of fun! Please mark your calendar. Everyone on the team is invited; please feel free to bring a guest (husband/wife, boyfriend/girlfriend, etc.). Details:

What time: 6:30 – 8:30 P.M.

Who: Anyone and everyone receiving this e-mail

What to bring – associated with the first letter of your last name:

A – G: Main dish

H – N: Salad or appetizer

O – T: Vegetable or side dish

U – Z: Dessert

Bring your own drink of choice; coolers will be set up on the back patio

Did you see from our event calendar, the next Zone Swimming Championships are here in our own backyard; Southlake next March 30-April 1? The last time the Zone Championships were here in our area Team Ridglea won the whole thing! Let's do it again. I'd like to ask every member of our team to swim in this meet for at least one of these days. The meet format is Friday evening and Saturday & Sunday mornings, 'til about 1:00 P.M. Please mark this fun meet on your future calendar. Let's have a great showing!

New, free, Team Ridglea team t-shirts are out and available to everyone. You will notice that the shirts theme is commemorating our teams' 10 year anniversary (2001-2011). If you haven't received your shirt, please pick up your free shirt when you're at practice.

\*Effective January 1, 2012 – each team member will be responsible for their annual Pool Use Fee of \$200 (up from \$180) due every January 1 (adjusted from June 1). Explanation:

Everyone needs to be aware that ALL our pool rental rates have increased dramatically over the past year:

- \* Texas Wesleyan University has raised our pool rental rate 50%; from \$30 per hour to \$45 per hour.
- \* Mansfield ISD has raised our pool rental rate 25%; from \$6 per/hour per/lane to \$8 per/hour per/lane.
- \* Lockheed Martin rental rate originally was \$30 per hour, now it is \$40 per hour; a raise over 30%.
- \* Originally, the Benbrook YMCA did not charge us any pool rental at all for utilizing their pool on Saturday mornings (because of my current active involvement, and with the origination of this Y, way back in 1996). Now we will be charged \$50 per hour.
- \* Whenever we utilize the Tarrant County College/Northwest campus pool, our rental rate is \$75 per hour.

To conduct our swim practices, we must rent these pools. Our total annual rental cost is approximately \$25,000. Therefore, the team has an annual \$200 fee per swimmer which goes toward this high pool rental expense. This Pool Use Fee covers ONLY 50% of the annual pool rental expense. The remaining portion comes out of monthly dues. This Pool Use Fee is collected every January 1. Please be prepared to take care of this responsibility. Thank you for understanding.

\*We currently have approximately 60 active team members.

A continued huge 'THANK YOU' to **John Blausey and Steve Wood** for keeping our [www.teamridglea.com](http://www.teamridglea.com) website up and running, and up-to-date. Your help is certainly appreciated:

- \* 100 Mile Club: You receive a ... 100 Mile Club Team Ridglea t-shirt
- \* 200 Mile Club: You receive a ... 200 Mile Club
- \* 300 Mile Club: You receive a ... 300 Mile Club
- \* 400+ Mile Club: You will be treated to a dinner for 2 at:

<b><u>100 Mile Club for 2011:</u></b>	<b>Mark Hepworth</b>	<b>on February 28</b>	<b>Jason Ramos</b>	<b>on March</b>
<b>14</b>	<b>Dennis Light</b>	<b>on March 16</b>	<b>Brent Bunnell</b>	<b>on April 8</b>
	<b>Jim Dunn</b>	<b>on April 11</b>	<b>Gary Milam</b>	<b>on April 11</b>
	<b>Pam Cannell</b>	<b>on April 12</b>	<b>Diana Guess</b>	<b>on April</b>
<b>14</b>	<b>Scott Ayer</b>	<b>on April 21</b>	<b>Beth Jones</b>	<b>on May 20</b>
	<b>Rob Mulqueen</b>	<b>on June 29</b>	<b>Tim Birkhead</b>	<b>on June</b>
<b>27</b>	<b>Mike Wright</b>	<b>on July 1</b>	<b>Chuck Burr</b>	<b>on July</b>
<b>5</b>	<b>Julie Jackson</b>	<b>on July 8</b>	<b>Garrett Underdown</b>	<b>on July</b>

12 Paige Kirn on July 21 Sarah Mountjoy on August  
2 Roger Yates on November 22

200 Mile Club for 2011: Mark Hepworth on May 9 Jason Ramos on May  
10 Dennis Light on June 1 Greg Weber on July  
7 Brent Bunnell on July 13 Diana Guess on July  
20 Sean Moran on August 1 Pam Cannell on  
August 9 Rob Mulqueen on October 29 Mike Wright on November 23

300 Mile Club for 2011: Mark Hepworth on July 13 Jason Ramos on August  
6 Dennis Light on August 10 Greg Webber on  
September 29 Jim Dunn on September 30 Diana  
Guess on October 20 Brent Bunnell on October 18 Sean Moran on December 3

400 Mile Club for 2011: Mark Hepworth on October 10 Dennis Light on October 27

\*\*\* To find the chart, to easily record your daily mileage, *Tad Chichester* created a very easy and useful yardage log. To download this chart, begin by going to our team website: [www.teamridglea.com](http://www.teamridglea.com). Click 'Team Records'. Then scroll down and click 'TCYL' (which stands for 'Tad Chichester's Yardage Log'). Begin recording your daily yards/meters. It will automatically add your distance every day.

*Happy Birthday's in December:* Chris Osburn December 8  
Hollace Weiner December 14  
Roger Yates December 15  
Mark Hepworth December 31

(\*If I ever miss someone's birthday, it's most likely because I don't have your birthday recorded. If you have never given it to me, please let me add it to the team roster).

Please remember, **EVERY TEAM RIDGLEA MEMBER MUST REGISTER for USMS!!!** The annual fee of \$42 includes insurance for you while you are participating in all team practices, meets, etc. This registration is a national requirement. **IT MUST BE DONE!!!** Get a registration form from Chuck at practice, or download a form yourself at [www.ntmasters.org](http://www.ntmasters.org) – 'on-line registration.

\*\*\* CURRENT SWIM PRACTICE SCHEDULE \*\*\*

*Over 56 organized, coached and structured professional swim practices to choose from each month*

Monday thru Thursday	5:30 – 6:30 A.M.	at Texas Wesleyan University
Monday thru Friday	5:30 – 6:30 A.M.	at Mansfield ISD Natatorium
Tuesday & Thursday	10:00 – 11:00 A.M.	at Benbrook Comm. Center/YMCA
Saturday	7:00 – 8:00 A.M.	at Benbrook Comm. Center/YMCA
Sunday	Noon – 1:00 P.M.	at Texas Wesleyan University

Our primary practice facilities:

Texas Wesleyan University 1201 Wesleyan, 76105 (pool located on South Collard Street)  
Mansfield ISD Natatorium 1001 North Holland Road Mansfield 76063 (corner of Hwy. 360 & Broad St.)  
Lockheed Martin Recreation Area (LMRA) 3400 Bryant Irvin Road, 76109  
Benbrook Community Center/YMCA 1899 Winscott Road, 76126  
Tarrant County College – Northwest Campus 4801 Marine Creek Parkway, 76179

Thank you to our swim coaching staff at the Mansfield and Fort Worth area pools:

Monday morning's at Mansfield – ***Dennis Light***  
Tuesday morning's at Mansfield – ***Chris Osburn***  
Wednesday morning's at Mansfield – ***Cathy Bartle***  
Thursday morning's at Mansfield – ***Craig Loria***

I coach at Mansfield every Friday morning; and at the Fort Worth practices all other times.

Feel free to contact me at any time: 817-560-POOL (office), [817-560-7666](tel:817-560-7666) (fax), [817-903-1978](tel:817-903-1978) (cell)  
or [chuckburr@sbcglobal.net](mailto:chuckburr@sbcglobal.net).

Chuck